



Health Ed Pros is excited to offer training opportunities for the '**Safe Dates**' program; an evidence-based, research proven curriculum to prevent teenage dating violence and promote healthy relationships. These trainings will take place from **8am – 4:30pm** on **Monday, February 10th**.

After participating in this program you will be able to:

- Help students understand what constitutes healthy and abusive relationships
- Identify and discuss dating abuse, its causes and consequences
- Provide students with the skills and resources to help themselves or friends in abusive dating relationships
- Provide students with the skills to develop healthy dating relationships, including positive communication, anger management, and conflict resolution

Because the **Indiana Department of Education** has already purchased copies of the Safe Dates curriculum for the **first 40 teachers who sign up** to participate, the cost is **\$150 a teacher**. After the first 40 teachers have been trained, the cost will be \$250 per person. For those working with youth (not a teacher) and wanting to be trained, the cost is \$250.

Please note that **our maximum number of participants per training is 16**. As registrations come in, we will add more dates to accommodate the remaining teachers.

8 PGP points will be awarded for teachers, and **8 Category II CEU's** for CHES will be awarded as well.

Participants must be registered **no later than ONE WEEK before training**, with a **\$100 non-refundable deposit paid**. Checks may be made out to **Health Ed Pros** and mailed to the address listed below.

If you are interested in being trained to deliver the Safe Dates program, please contact **Florence Tuschhaupt** at 317-439-3781 or by email at dianar@healthedpros.org to receive a registration form.

For more information about Safe Dates, please visit www.hazelden.org/safedates

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